

The Substance Abuse & Mental Health Program at Transitions Recovery Program successfully provides drug and alcohol rehabilitation services to patients needing assistance. The program is specifically designed to provide individualized treatment plans that address substance abuse and the contributing stressors that led to the addiction.



Transitions Recovery Program is approved by most private insurance companies and has one of the most cost effective rehabilitation programs to date. Our program is ideal for high functioning patients that suffer from substance abuse and mental health disorders with no major health issues. Call us today and let us help your hospital staff with insurance verification, clinical assessments, recommendations, and placements.

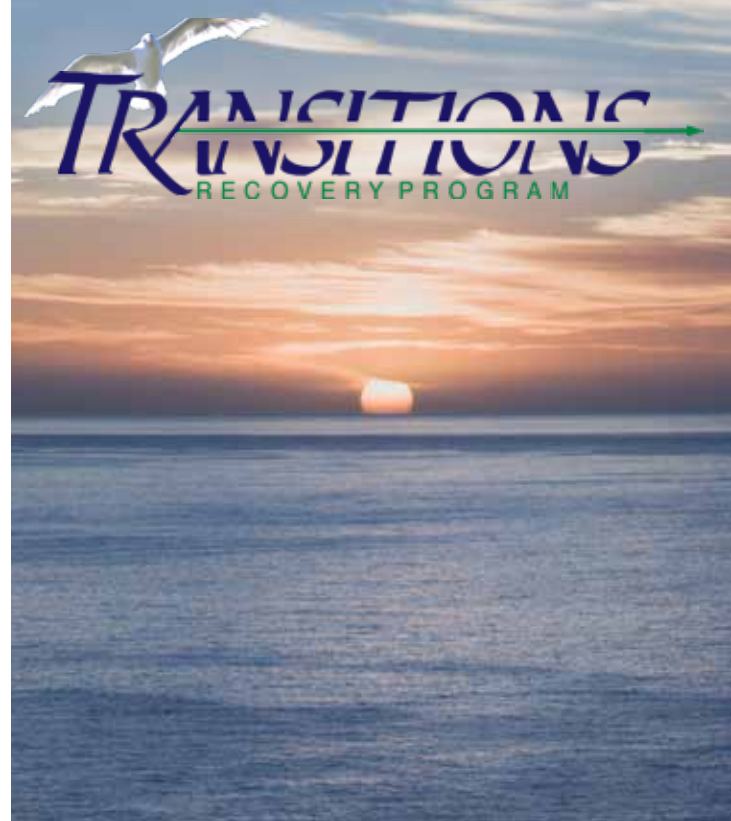


*A Commitment to Self,  
Mind, Body and Spirit*

The road to recovery starts by asking for help.

We treat alcohol and drug addiction, critical incident trauma, depression, job jeopardy, post traumatic stress, family dysfunction, anxiety, and anger management.

Call us today and let us help you overcome your addiction.



## Substance Abuse & Mental Health Program

**1-800-626-1980**

[www.transitionsrecovery.com](http://www.transitionsrecovery.com)

### Rehabilitation Services Include:

- 24-hour crisis intervention hotline
- Insurance verification
- Clinical assessments
- Inpatient rehabilitation services
- Partial hospitalization
- Day/Night Intensive Outpatient Programming
- Individual and group therapy
- Relapse prevention
- Case management
- EMDR treatment for post traumatic stress
- Stress management
- Family therapy
- Aftercare planning for continuing support

### 24 Hour Acute & Extended Care Drug & Alcohol Rehabilitation Services

Michael Taylor, R.N., BC, C.D.  
Clinical Liaison

**1-800-626-1980**

1928 N.E. 154th Street, Suite 100  
North Miami Beach, Florida 33162

[www.transitionsrecovery.com](http://www.transitionsrecovery.com)



Accredited by the Joint Commission and Licensed by the State of Florida to provide residential and extended care treatment programs

## SUBSTANCE ABUSE & MENTAL HEALTH PROGRAM



# Substance Abuse & Mental Health Program



**The cornerstone of our drug and alcohol addiction treatment philosophy is that recovery from chemical dependency is achievable -- even for those who feel overwhelmed with despair and helplessness. Transitions Recovery Program provides patients with quality substance abuse and mental health treatment that substantially reduces repeat visits to hospitals.**

There were more than 4.6 million drug-related emergency department (ED) visits last year, half of which were due to the misuse and abuse of drugs and alcohol. Furthermore, prescription drug abuse resulting in ED visits increased by 98.4% between 2004 and 2009. These statistics are daunting, and demonstrate the need for quality substance abuse and mental health treatment programs.

Transitions Recovery Program is a nationally accredited, state-licensed drug and alcohol rehabilitation center of excellence that is committed to providing 24-hour rehabilitation services to case managers, doctors, nurses, patients, and their families.

Transitions Recovery Program has successfully treated people suffering from addiction and mental health disorders for more than 25 years. Our clinical staff is highly trained in dual diagnosis, trauma resolution, PTSD therapy, coping with guilt and shame, anger management, relapse prevention, and family therapy. All treatment services are completely confidential, and our staff is experienced in providing support and any necessary documentation for patient transfer purposes. Whether a patient needs help after a relapse or overdose, our staff has the experience to help them through the entire recovery process.

## Experienced Clinical Team

Compassionate, supportive care by qualified drug treatment professionals is available 24 hours a day. Our staff is comprised of a multi-disciplinary team of physicians, psychiatrists, psychologists, addiction professionals, nurses, and marriage and family therapists.

Transitions Recovery Program's clinicians are always available for clinical assessments, insurance verification, recommendations, and placement. We have experience working with case managers and can assist with the entire transfer process.

## Program Services Includes:

- Individual Counseling
- Group Therapy
- Relapse Prevention
- Stress Management & Coping Skills
- Medication Management & Education
- Anger Management
- Mental Health Disorders
- Healthy Relationships
- Leisure Counseling
- 12-Step Meetings



## Continuing Care Services

The recovery process does not end when a client completes our drug and alcohol rehabilitation program. Continuing care is essential for long-term recovery when patients return home and are back on the job.

Transitions provides unlimited continuing care services that include relapse prevention, NA/AA meetings, aftercare support therapy, and optional individual and family counseling. Our treatment team will work with the patient and family to set up an aftercare plan. Clients and families are welcome to call our 24-hour intervention line for continued support.