The Law Enforcement Program at Transitions Recovery Program successfully provides drug and alcohol rehabilitation services to police officers all over the country. The program is specifically



designed to provide individualized treatment plans for each officer that address substance abuse and the contributing stressors that led to the addiction.

Call us today and get the help you need to overcome your addiction so that you can return to your family and job as a

healthier, happier human being. All of our services are completely confidential and we are experienced in providing job protection support.

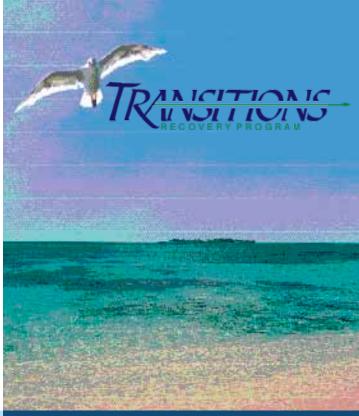


A Committment to Self, Mind, Body and Spirit

The road to recovery starts by asking for help.

We treat alcohol and drug addiction, critical incident trauma, depression, job jeopardy, post traumatic stress, family dysfunction, anxiety, and anger management.

Call us today and let us help you overcome your addiction.



Law Enforcement Program

Law Enforcement Program

Rehabilitation Services Include:

- 24-hour crisis intervention hotline
- Inpatient rehabilitation services
- Individual and group therapy
- Critical incident and trauma resolution
- Relapse prevention
- Case management
- EMDR treatment for post traumatic stress
- Stress management
- Family therapy
- Nutrition and exercise
- Anger management
- Drug and alcohol education
- Aftercare plan for continuing support

24 Hour Acute & Extended Care Drug & Alcohol Rehabilitation Services

> Jeff Weinstein Outreach Coordinator

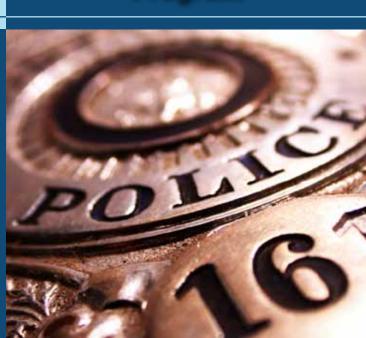
1-800-626-1980

1928 N.E. 154th Street, Suite 100 North Miami Beach, Florida 33162

www.transitionsrecovery.com



Accredited by the Joint Commission and Licensed by the State of Florida to provide residential and extended care treatment programs





Transitions Recovery Program is a nationally accredited, state-licensed drug and alcohol rehabilitation center of excellence that is committed to providing 24-hour rehabilitation services to law enforcement personnel and their families.

Police work is one of the top rated professions for stress, both on and off the job. Stressors including physical danger, taking lives, losing partners, disruption of family time, and dealing with the general public have caused law enforcement careers to be associated with one of the highest rates of suicide, alcoholism, drug addiction, depression and divorce in the nation.

Transitions Recovery Program has successfully treated police officers from all over the United States. Our clinical staff is highly trained in critical incident and trauma resolution, PTSD therapy, coping with guilt and shame, anger management, and family therapy. All treatment services are completely confidential, and our staff is experienced in providing support and any necessary documentation for job protection purposes. Whether an officer needs help with disciplinary action, job termination, or criminal charges, our staff has the experience to help them through the entire process, including testimony at any hearings.

Law Enforcement Rehabilitation Services



The cornerstone of our drug and alcohol addiction treatment philosophy is that recovery from chemical dependency is achievable-- even for those who feel overwhelmed with despair and hopelessness. At Transitions, we emphasize the needs of our patients and their families, and support healing during the entire recovery process.

Compassionate, supportive care by qualified drug treatment professionals is available 24 hours a day at every stage of recovery. Our staff is comprised of a multi-disciplinary team of physicians, psychiatrists,



psychologists, addiction professionals, nurses, and marriage and family therapists. Each officer receives an individualized treatment plan based on the level of substance

abuse and the contributing factors that led to the addiction.

Law Enforcement Rehabilitation Services:

- Individual Counseling
- Law Enforcement Lectures

 address Post Traumatic Stress Disorder

 and Critical Incident Syndrome
- Stress Management & Coping Skills
- Relapse Prevention
- Anger Management
- Depression & Anxiety
- Healthy Relationships
- Physical Training
- Leisure Counseling



The recovery process does not end when an officer completes our drug and alcohol rehabilitation program. Continuing care is essential for long-term recovery when you return home and are back on the job.

Our treatment team will work with your PBA therapist to set up an aftercare plan that's right for you. It can include relapse prevention, NA/AA meetings, aftercare support therapy, and individual and family counseling. We have established relationships with licensed outpatient counseling practices throughout the United States. Aftercare also includes participation in 12-step groups of retired and active police officers. Officers are welcome to call our 24-hour intervention line for continued support.