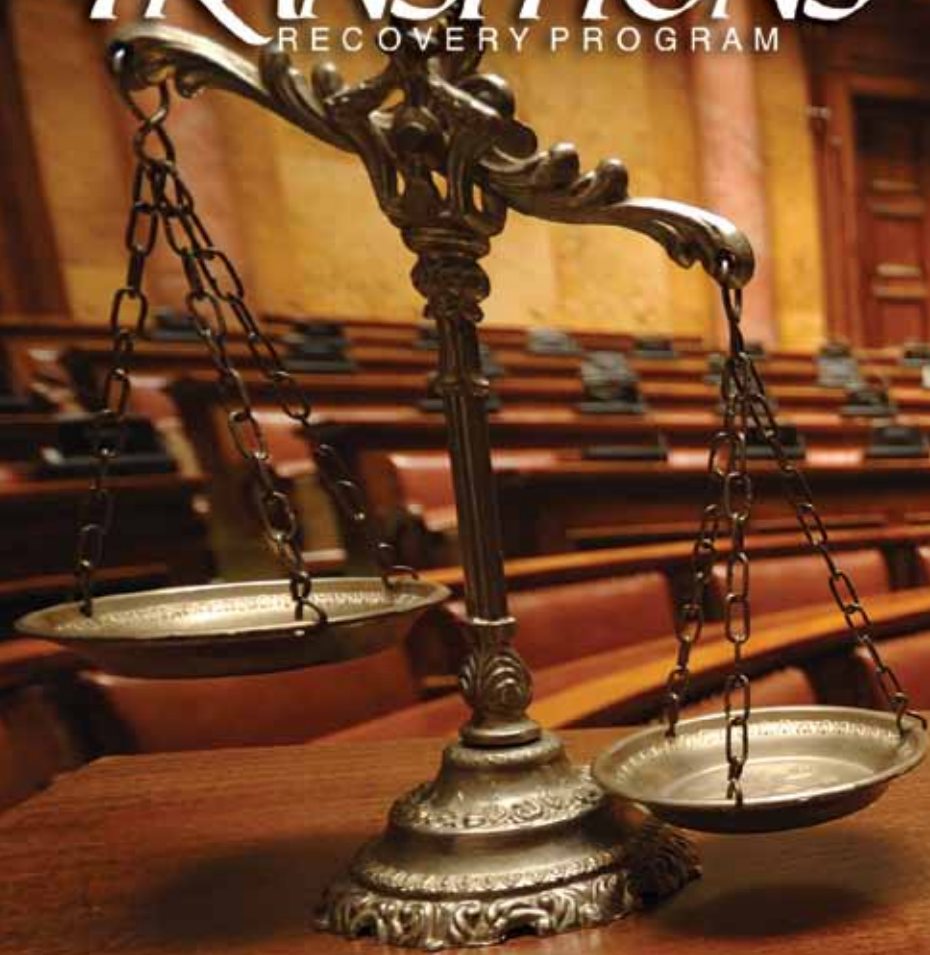


TRANSITIONS

RECOVERY PROGRAM



Call us today and let us
help you overcome
your addiction

800.626.1980 TOLL FREE

John Whyte, Legal Liaison 305.302.4455

1928 NE 154TH Street, North Miami Beach, FL 33162

TRANSITIONS

RECOVERY PROGRAM

ALTERNATIVE SENTENCING PROGRAM

OVER 30 YEARS OF EXCELLENCE



Accredited by the Joint Commission and licensed by the State Of Florida
for residential and extended care treatment.

www.transitionsrecovery.com 1-800-626-1980

CHOOSING TRANSITIONS OVER INCARCERATION

Transitions Alternative Sentencing Program is based on the belief that **rehab is a more effective solution** for some offenders than prison. Alternative sentencing acknowledges the fact that **drugs and alcohol can turn the best of us into criminals**, and that each of us deserves a chance to recover from the disease of addiction and alcoholism. For many offenders who are diverted into our program, alternative sentencing is their first real opportunity to have a shot at a medically supervised rehabilitation.

Diversion to a drug rehabilitation program can take place on a county, state or federal level, depending on the crime committed. The Sentencing Reform Act of 1984 attempted to lighten the burden on the US court system by providing an alternative to incarceration for drug-related crimes. This act set the tone for today's diversion programs by giving the courts the option to offer treatment to offenders with the disease of addiction and alcoholism.



Transitions Recovery Program is a nationally accredited, state-licensed drug and alcohol rehabilitation center of excellence that is committed to providing 24-hour rehabilitation services to attorneys, defendants, and their families. Our programs effectively combine evaluation, residential care, partial hospitalization, outpatient, continuing care and family programs in a full continuum of services.

65 percent of the 2.3 million inmates in American prisons meet the standard medical criteria for drug and alcohol addiction and abuse. Research shows that effective treatment for alcohol and drug addiction dramatically reduces an individual's criminal behavior. The Alternative Sentencing Program at Transitions provides 24-hour supervision to all clients and is experienced working within the courts parameters.

ALTERNATIVE SENTENCING PROGRAM

The Alternative Sentencing Program at Transitions Recovery Program successfully provides drug and alcohol rehabilitation services to criminal defendants in lieu of incarceration. The program offers inpatient and outpatient levels of care that are specifically designed to provide individualized treatment plans that address substance abuse and the contributing stressors that led to the addiction.

The cornerstone of our drug and alcohol addiction treatment philosophy is that recovery from chemical dependency is achievable – even for those who feel overwhelmed with despair and helplessness. From DUI, possession, and drug related offenses, Transitions Recovery Program has been able to provide patients and law firms with alternatives to incarceration.

Transitions Recovery Program's legal liaison is always available for court appearances in the tri-county area to answer any questions and assist counsel regarding the patient's progress in treatment.

Alternative Sentencing Program Includes:

- Individual counseling
- Group therapy
- Relapse prevention
- Stress management
- Coping skills
- Anger management
- Depression & anxiety
- Healthy relationships
- Leisure counseling
- Nutrition and exercise
- 12-Step meetings
- Family therapy
- Re-entry therapy
- Aftercare planning for continuing support
- EMDR treatment for post traumatic stress
- Case management



THE TREATMENT PROGRAM



Treatment at Transitions includes a comprehensive approach to recovery, during which patients will engage in activities that will include but are not limited to:

- Group Therapy six days per week, including gender groups
- Individual Therapy
- Family Therapy
- Psycho-educational presentations focused on various aspects of addiction, co-occurring problems, and the development of constructive life skills, ranging from such diverse topics as household budgeting to impulse control. This will add coping skills to practice without the use of drugs/alcohol.
- Attendance at 12-step meetings - patients are encouraged to establish sober support with others in recovery, to obtain a 12-step sponsor and begin to form the foundation of their personal recovery practice - one that they will continue after leaving treatment.

CONTINUING CARE

The recovery process does not end when a client completes our drug and alcohol rehabilitation program. Continuing care is essential for long-term recovery when clients return home and are back on the job.

Transitions provides unlimited continuing care services that include relapse prevention, NA/AA meetings, aftercare support therapy, and optional individual and family counseling. Our treatment team will work with the individual, judge, attorney, probation officer, and family to set up an aftercare plan. Clients and law firms are welcome to call our 24-hour intervention line for continued support.

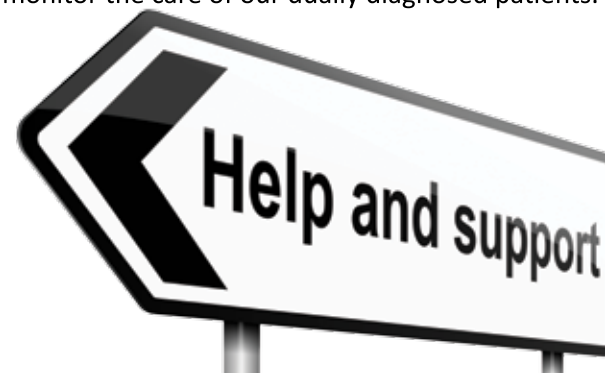
RE-ENTRY THERAPY

Approximately two thirds of people in prison meet criteria for substance abuse and dependence. Lack of reality based treatment and continuing care as well as responsible re-entry therapy, overwhelmingly leads to relapse and re-arrest.

Transitions Recovery Program has implemented a comprehensive modality of rehabilitation whereas our patients gradually learn the skills and tools to manage their lives as productive members of society. Our re-entry programs include, but are not limited to two years of aftercare support therapy, weekly urinalysis, accountability groups, family therapy, employment search, mandatory 12 step meetings, and financial managing, if needed.

DUAL DIAGNOSIS

Chemically dependent patients who have additional mental health diagnoses are sometimes referred to as 'dually diagnosed' or as having co-occurring conditions. Their needs are very different from the individual who is suffering from addiction alone. Frequently identified among chemically dependent individuals are a secondary diagnosis of depression, PTSD, bipolar disorder or any number of mood and anxiety disorders. Transitions Recovery Program is the only residential treatment program in South Florida licensed to treat both chemical dependency and psychiatric illnesses. We are proud to have two ASAM board certified psychiatrists on staff to coordinate and monitor the care of our dually diagnosed patients.



ADMISSIONS

Admissions for qualified candidates can be accepted seven (7) days a week. Trained addiction professionals conduct individual assessments that address each individual's treatment needs, as far as level of care and services.

Individuals needing treatment are encouraged to call for further information. We will provide a confidential consultation and be happy to answer your questions and concerns.

LENGTH OF STAY

At Transitions we believe that every patient is unique and is treated individually. We offer ongoing evaluation during each phase of treatment to determine what is the most effective length of stay for each patient.

EXPERIENCED COURT EXPERTS

Transitions Recovery Program's clinical team will furnish therapeutic and psychiatric progress reports, urinalysis reports and discharge plans to assist your firm in providing accurate information required by judges, probation officers and pre-trial personnel.

FINANCIAL ARRANGEMENTS

Transitions Recovery Program accepts most major insurance and is a contracted provider with most insurance companies. We also have a flexible self pay options for individuals without insurance.



THE ROAD TO RECOVERY STARTS BY ASKING FOR HELP
CALL US TODAY AND LET US HELP YOU OVERCOME YOUR ADDICTION.

TESTIMONIALS

It has been a privilege working with Transition's outreach coordinators Jeff Weinstein and John Whyte. As the outgoing President of FACDL-Miami and as an attorney seeking help and understanding for my clients, it is always encouraging to know that there are strong and compassionate people willing to help those in need as they confront life's obstacles. With its State of the Art facility and cutting edge dual diagnosis program, Transitions Recovery has time and again proven itself to those seeking a path back to freedom. They have my eternal thanks.

Eduardo X. Pereira, Esq., President
Florida Association of Criminal Defense Lawyers – Miami

Transitions is a state of the art recovery program. As is true with any great organization, the service provided is only as good as the people providing the service. At Transitions, your initial contact with outreach coordinators John Whyte, Jeff Weinstein and their staff will set the stage for the level of professionalism, confidentiality and genuine caring that is necessary when treating alcoholism and/or substance abuse. I highly recommend Transitions to all of my clients in need of their services.

Kenneth P. Hassett, Esq., Past President
BACDL 2012-2014 & FACDL-Miami 2003-04

